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Posted at 4:02 PM EST in [Home & Organizing](#)



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Home & Organizing



Guest Post + Giveaway: Vegetable Gardening Basics from Burpee Home Gardens

Posted on May 4, 2010 4:02:25 PM | By [SimplyStatedAdmin](#)

Each Tuesday in May we will have a guest post from Jessie Atchison, brand manager for [Burpee Home Gardens](#), about how to start your own vegetable garden. They are also giving away eight complete garden starter kits. Check the bottom of this post for the details.

Once a mainstay of our grandparents' summer routines, home food gardening is now being rediscovered by a new generation. Whether in backyard beds, community garden plots, or public schoolyards, millions of people are enjoying the benefits of growing their own vegetables and herbs.

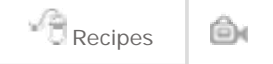
Planting an edible garden is a great way to save money and cut down on trips to the grocery store. A garden full of tomatoes, peppers, lettuces, melons, and more can keep a family eating for months, if planned properly.

However, homegrown vegetables don't just answer the needs of your pocketbook; they can help you eat better, get more exercise, and reduce your carbon footprint.

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So whether you are happily returning to the soil this year, or you're new to donning a pair of garden gloves, welcome to the garden! Each planting season brings its own successes--and challenges--but the rewards are always plentiful.

And now for the giveaway:

Eight lucky readers will win a [Burpee Home Gardens](#) starter set with tomato, pepper, and basil plants (see varieties listed below). To enter the contest simply leave a comment, maybe whether or not you're starting a garden this year, or what your favorite thing to grow is, on this post between now and Thursday, May 13th. We will then choose eight random numbers (from [random.org](#)) and match those numbers with the winning commenters.

Each starter box contains:

Boxwood Basil
 Sweet Italian Large Leaf Basil
 4th of July Tomatoes
 Napa Grape Hybrid Tomatoes
 Early Girl Tomato Bush
 Red Delicious Peppers
 Costa Rican Sweet Peppers

Check back on Friday, May 14th to see if you are a winner, and for details on how to claim your prize.

Good luck!

(image from [Burpee Home Gardens](#))

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- [May 2010](#)
- [April 2010](#)
- [March 2010](#)
- [February 2010](#)
- [January 2010](#)
- [December 2009](#)
- [November 2009](#)
- [October 2009](#)
- [September 2009](#)
- [August 2009](#)